

Coping with Breast Cancer

Support for you and your loved ones



Whether you are someone with breast cancer or care for someone with breast cancer, CCA@YourService provides a range of resources for managing the emotional and practical challenges that can arise during your journey.

EMOTIONAL SUPPORT

- Short-term, strengths-based counseling with a licensed professional
- Personalized referrals to support groups, community programs, and specialized care



EDUCATIONAL RESOURCES

- Articles, FAQs, and videos that can be viewed confidentially at your own pace

RESOURCE NAVIGATION

- Information on breast cancer and treatment options
- Provider location and referrals to assist with practical and physical needs
 - Housing, travel, transportation, chore services, and meal delivery
 - Health, nutrition, and wellness specialists
 - Respite care, palliative care, and hospice care



LEGAL AND FINANCIAL CONSULTATION

- Guidance on matters such as insurance, wills and estates, offsetting the cost of treatment, and more



WHERE TO START

For free, confidential support anytime, anywhere, just access the service by one of the methods below.

COUNSELING SERVICES
REQUEST FORM:

cca.eapintake.com

PHONE: **800-833-8707**

WEB: myccaonline.com

Company Code: stjohns

