



ST. JOHN'S  
UNIVERSITY

CARE CONNECT  
POWERED BY  upside

# There for You Then. Here for You Now.

St. John's University and Upside have teamed up to offer comprehensive support for alumni and their loved ones, ensuring safe and stable living now and in the future.

## Support When You Need It Most

The Care Connect program by Upside is dedicated to making aging easier for St. John's alumni, their families, and friends. Through our partnership, we provide comprehensive, no-cost assessments to uncover both current and potential future housing and care needs. Whether you're seeking safer home environments, exploring care options, or planning for the future, our expert team connects you with the best solutions for your unique needs. We help ensure you and your loved ones can age comfortably, securely, and with peace of mind.

## Your Trusted Partner in Aging

Care Connect by Upside understands that the signs of instability can be hidden, and the need for support might not always be obvious. Our program offers thorough, no-cost assessments to identify these needs before they become issues. With years of experience and a network of trusted local professionals, we provide unbiased, compassionate assistance. Thousands of alumni families have trusted us to help them navigate aging challenges, and we're committed to providing the same level of care and expertise to you.

### We make homes safe.

You stay independent, safe, and secure.

### We simplify your move.

Declutter, organize, and settle in smoothly.

### We assess, you choose.

Tailored in-home care that fits perfectly.

#### Safety First

**1 in 4**

older adults falls each year, leading to serious injuries that can drastically impact independence.

#### Independence Matters

**90%**

of older adults prefer to age in place, but many lack the necessary modifications to do so safely.

#### Living Independently

**Over 50%**

of older adults live in homes that are not adequately equipped for their current mobility and safety needs.



Clear, Affordable  
Options for Every Care  
Need

[www.stjohns.edu/careconnect](http://www.stjohns.edu/careconnect)  
**866-986-2787**

# Your Support System for Aging

We've Got Your Back.



**CARE CONNECT**  
POWERED BY upside

## Spotting Risks Before They Become Problems

Aging challenges aren't always obvious, and sometimes instability can go unnoticed until it's too late. Care Connect by Upside offers comprehensive assessments that reveal both current and future risks, ensuring no care needs are overlooked. From maintaining home safety to finding suitable living options, we're here to make sure you're prepared for any situation, reducing stress and providing peace of mind.

## We Get It and We're Here to Help

We know how easy it is to overlook the signs that a loved one might need support. At Care Connect by Upside, we take the time to understand your unique situation via a thorough assessment to catch challenges before they become problems. We're here to offer unbiased solutions, ensuring you and your loved ones feel seen, heard, and confident in your aging care choices.

- + Home Safety Modifications
- + Downsizing Support
- + Housing Guidance and Navigation
- + Aging Adult Moving Support
- + In-Home Care Evaluation and Selection
- + Senior Living Guidance and Navigation

## Making Care Decisions Easier

- 1 Connect**  
Start with a discovery call. Reach out to Care Connect, and a dedicated Upside Care Guide will get to understand your living situation and identify any potential care needs.
- 2 Get Informed**  
Discover what's possible. If needs are identified, we educate you about the relevant options that exist. You'll have a clear understanding of what changes or support might be beneficial to improve your living situation.
- 3 Take Action**  
Make your choice and let us manage the details. You decide which, if any, options to act on, and we ensure the details are executed smoothly. We stick with you every step of the way to manage the process, providing end-to-end support.



## Leading Experts in Aging

Care Connect by Upside combines years of expertise with local partnerships to offer comprehensive aging support. Trust us to ensure you and your loved ones can age safely and securely. Contact Care Connect today to see how we can help.



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