

Your Journey, Your Support

LGBTQ+ resources for life and work



Everyone deserves to feel valued, respected, and supported—both at work and in their personal lives. Whether you're navigating personal challenges or seeking information for a loved one, **CCA@YourService** is here to provide information, referrals, and resources, tailored to the unique needs of LGBTQ+ individuals, their families, and allies. Reach out any time, any day for compassionate, confidential assistance.

EMOTIONAL SUPPORT

- Short-term, strengths-based counseling sensitive to LGBTQ+ concerns and challenges
- Support groups, community programs, and specialized care

RESOURCE NAVIGATION

- Provider location and referrals to assist with practical and physical needs
 - Organizations providing information and support for gender transition
 - Social and recreational activities

EDUCATIONAL RESOURCES

- An online hub of articles, tools, legal forms, and resources to support, educate, and promote well-being for LGBTQ+ individuals, their families, and allies

LEGAL ASSISTANCE

- Free 30-minute consultation with an advice attorney; in most cases discounted services are available if you need additional legal support

WHERE TO START

For free, confidential support anytime, anywhere, just access the service by one of the methods below.

**COUNSELING SERVICES
REQUEST FORM:**
cca.eapintake.com

PHONE: 800-833-8707

WEB: myccaonline.com
Company Code: stjohns

